

INTO AND OUT OF THE SPIN

2015

A unique, integrative sequence of Artistic Creations, the Artistic Creative Process, and an eventual, unexpected release of their unconscious roots from the Repression Defence by means of the Metapsychological Formulation Method

This book describes and illustrates an unusual (and what appears to be a first) successful research into the repressed unconscious origins of an artist's art. It begins as a collection of poems and other art pieces (paintings, prose, sculptures) created between 1972 and 1994, with a much later addition of two more sculptures in 2014. It then moves to an unplanned scientific journey to the initially unknown and unknowable depths of the process that created them. And because of its equal research emphases on three areas, the art, the science and the convergence of the two, the art pieces have neither been edited nor selected for special quality.

The convergence was described in detail in **the 1986 paper,**

“IN SEARCH OF A WINDOW INTO THE ARTISTIC CREATIVE PROCESS IN PROGRESS”

One poem was selected as an example of how the author's scientifically-conducted depth Self Analysis, after his training analysis, opened its origins in this book. But the run-up of many poems from 1972 to the point of convergence, and the time of their most complex and interesting quality in 1985 and 1986, adds a dimension to the book's related goals. Thus a detailed, on-the-spot segment of the research described in this “Window” paper allows the reader to experience the convergence without requiring references to that paper.