

THE METAPSYCHOLOGICAL FORMULATION METHOD

THE DEVELOPMENT OF BASIC AND APPLIED “HARD” SCIENCES OF PSYCHOANALYSIS AND PSYCHOTHERAPY BY CLINICAL RESEARCHES ROOTED IN THE PRINCIPLES OF THE “SCIENTIFIC METHOD”

Note: This large, re-named, two-volume, **2002**, 1400-page research book was compiled and written over ten years from 1992, and in its original form, it included numerous references and quotations from other authors. However, as no publishers were of interest at the time, and obtaining quotes over months would have been ridiculous, all but one and most references were removed. Thus the book remains an essential part of the welcome development of a first real psycho-analytic science, in two 600-page Volumes .

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It was the result of its author’s many researches and papers accepted and presented in Canada, the U.S., England and Ireland from 1976 to 2000, but it was rejected without the slightest interest by publishers. It was a remarkable, astounding, first creation of scientifically-developed and tested theories for the psychoanalytic and psychotherapy professions, and all of the supporting papers before and after it, had been irrationally, stupidly and nastily, discarded for publication by anonymous reviewers. And when, the above situation became a surprisingly-silly never-ending affair, and Dr. A. had left the Analytic profession for good, the book remained in a shelf until knowledgeable friends proposed this “Legacy Project”. Then, after some years and a review of all his life-long research material, a re-read of this part left him surprised, excited and amazed, and he decided that it was not to be left yellowing and shrinking in his basement office.

He then discarded its non-essential References and Quotes, separated the remaining 1200 pages into two parts, added front and back covers, and prepared it for people who are in, or are connected to, the appropriate fields. And he hopes that some: 1. will wonder why; 2. the significant professions; 3. reject real scientifically-developed theories; 4. that take symptom-suffering clinicians and patients; 5. through successive surfaces and layers; 6. to depth roots - and the permanent happiness that comes with the results.